

# Jessica L. Navarro, MSW, MS, PhD

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## CURRENT POSITION

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**Assistant Professor of Human Service Studies**  
*Elon University*

2022-Present

## EDUCATION

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**Doctor of Philosophy in Human Development and Family Studies**  
*University of North Carolina at Greensboro; Greensboro, NC*

2019 - 2022

Dissertation title: *Laying the foundation for protective digital parenting: The development of a theoretical framework, a validated measure of digital parenting attitudes, and a person-centered analysis of digital parenting styles.*

Chair: Jonathan R. H. Tudge

**Master of Science in Human Development and Family Studies**  
*University of North Carolina at Greensboro; Greensboro, NC*

2017 - 2019

Thesis title: *Religiosity, moral obligation, and the moral virtue of gratitude.*

Chair: Jonathan R. H. Tudge

**Master of Social Work**  
*Washington University in St. Louis; St. Louis, MO*

2006 - 2008

Concentration: Gerontology

**Bachelor of Arts in Public Health**  
*Brown University; Providence, RI*

2000 - 2004

## TEACHING EXPERIENCE

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**Elon University**

2022-Present

<i>Term</i>	<i>Course Number</i>	<i>Course Title</i>	<i>Student N (Evals/Total)</i>	<i>SPoTs<sup>1</sup> (I/C)</i>
Spring 2026	HSS1210	Modern Love	13	
Spring 2026	HSS2850	Research Methods in Human Service Studies ^ ~	29	
Spring 2026	HSS4120	Advanced Theory and Interventions	10	

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<sup>1</sup> SPoTs: Student Perceptions of Teaching represent teaching evaluations. I/C: Scores presented represent mean Instructor score and mean Course score. Scores are calculated on a 6-point scale. Prior to Spring 2024, reports include neither the total number of students in course nor a course-specific score.

Winter 2026	HSS3981	HSS Practicum Abroad in Costa Rica *	17	
Fall 2025	HSS4120	Advanced Theory and Interventions	13/13	5.9/5.7
Fall 2025	COR1100	The Global Experience	19/20	5.3/5.1
Fall 2025	GBL1380	Preparatory Seminar for Practicum Abroad	4/17	6/5.5
Spring 2025	HSS3240	Perspectives and Issues in Aging *	10/17	5.9/5.7
Spring 2025	HSS3620	Dating and Intimate Relationships	25/32	5.6/5.7
Spring 2025	HSS2850	Research Methods in Human Service Studies ^ ~	19/23	5.6/5.7
Winter 2025	HSS3981	HSS Practicum Abroad in Costa Rica *	12	-
Fall 2024	HSS2850	Research Methods in Human Service Studies ^ ~	4/6	5.9/6.0
Fall 2024	COR1100	The Global Experience	17/21	5.5/5.5
Fall 2024	GBL1380	Preparatory Seminar for Practicum Abroad	12	-
Spring 2024	HSS2850	Research Methods in Human Service Studies ^ ~	11/14	5.9/5.9
Spring 2024	HSS3620	Dating and Intimate Relationships	25/34	5.8/5.9
Winter 2024	HSS1110	Art and Science of Human Service Studies *	22	5.3
Fall 2023	HSS2850	Research Methods in Human Service Studies ^	9	5.8
Fall 2023	HSS3850	Social Policy and Inequality	14	5.5
Spring 2023	HSS2850	Research Methods in Human Service Studies	9	5.6
Spring 2023	HSS3850	Social Policy and Inequality	30	5.4
Spring 2023	HSS4970	Senior Seminar	5	5.5
Winter 2023	HSS1110	Art and Science of Human Service Studies *	11	5.8
Fall 2022	HSS2850	Research Methods in Human Service Studies	8	5.9
Fall 2022	HSS4120	Advanced Theory and Interventions	4	6.0

Note: \* = Community Based Learning course with 40-hour fieldwork experience; ^ = Advancing Equity Requirement course; ~ Data Intensive course.

**University of North Carolina at Greensboro**

2019-2020

- *Co-Instructor*, Fall 2020: HDF 409, Family Diversity (Dr. Jocelyn Smith Lee)
- *Graduate Teaching Assistant*, Spring 2019: HDF 211, Human Development Across the Life Span (Dr. Jonathan Tudge)
- *Graduate Teaching Assistant*, Fall 2019: HDF 312, Issues in Parenting (Dr. Rachel Boit)

## BOOKS & BOOK CHAPTERS

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- Chamberlain, D., Gil Ortiz, J., & **Navarro, J.** (in progress). *Reframing Costa Rica: An Anthology of Counter-Stories and Critical Perspectives*. Palgrave Macmillan.
- Merçon-Vargas, E. A., **Navarro, J.**, & Tudge, J. R. H. (in press). Misuses and uses of Bronfenbrenner's ecological theory. In P. A. Fisher & J. Lombardi (Eds.), *The Cambridge Handbook of the New Ecology of Early Childhood*. Cambridge University Press.
- Navarro, J.** & Tudge, J. R. H. (2025). *Understanding and Teaching Bronfenbrenner's Bioecological Theory*. Routledge.
- Navarro, J.** (2022). Fortnite: A context for child development during COVID-19 (and beyond). In V. Katz & B. Bond (Eds.) *Children and Media Research and Practice during the Crises of 2020*. Routledge.
- Jensen, M., Weinstein, M., Brown, M., & **Navarro, J.** (2022). The role of digital media in health risk and externalizing behaviors in adolescence. In J. Nesi, E.H. Telzer, & M.J. Prinstein (Eds.), *Handbook of adolescent digital media use and mental health*. Cambridge University Press.
- Navarro, J.**, Doucet, F., & Tudge, J. R. H. (2020). The bioecological theory of Urie Bronfenbrenner. In D. F. Gullo & M. E. Graue (Eds.), *Scientific influences on early childhood education: From diverse perspectives to common practices* (pp. 55–68). New York, NY: Routledge.

## PEER-REVIEWED PUBLICATIONS

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- Navarro, J.** (2026). Integrating AI into neo-ecological theory. *Current Psychology*, 45(505).  
<https://doi.org/10.1007/s12144-025-09006-0>
- Navarro, J.** & Jensen, M. (2025). Styles of digital parental mediation: A multi-group person-centered approach. *Journal of Child and Family Studies*. Advance online publication:  
<https://doi.org/10.1007/s10826-025-03229-2>
- Capraro, V., Globig, L., Rausch, Z., Rathje, S., Wormley, A., Olson, J., Ross, R., Aşçı, S., Bouguettaya, A., Burnell, K., Choukas-Bradley, S., Fardouly, J., Kowert, R., Lopez, R., Maheux, A., Mirea, D.-M., Ozimek, P., Selterman, D., Thiagarajan, T., Vandenbosch, L., Wals, S., Abi-Jaoude, E., Adler, P., Alaimo, K., Allem, J.-P., Ashrafi, V., Baumgartner, S. E., Bender, P., Bernstein, G., Bhanot, S., Bilek, E., Boivin, M., Braghieri, L., Brailovskaia, J., Brienza, J., Bunker, C., Cadario, R., Campos-Castillo, C., Chein, J., Clark, L., Colditz, J., Coulson, M., Couture Bue, A., Coyne, S. M., Curran, T., Daalmans, S., Davenport, D., David, M., Davis, C., Davis, K., De Choudhury, M., Derksen, T., Dezsó, L., Domoff, S. E., Ellithorpe, M., Englander, E. K., Farivar, S., Fernandez-Kranz, D., Fisher, J., Gabrielli, J., Gentile, D., Gentzkow, M., Giuntella, O., Gjoneska, B., Green, M., Hale, L., Haltigan, J., Hamilton, J., Hartmann, T., Hilbig, B., Hinshaw, S. P., Hmurovic, J., Hoffman, B., Hornsey, M., Hunt, M., Janicke-Bowles, S., Kim, E.-L., Kuss, D. J., Lee, D. S., Levy, R., Maani, N., Makarin, A., Mendelson, T., Michikyan, M., Miconi, D., Milani, L., Modecki, K., Molnar, A., **Navarro, J.**, Pagliarani, S., Paquin, V., Parry, D., Pavic, N., Pila, S., Potenza, M. N., Potrebny, T., Primack, B., Reed, P., Roth, Y., Rutledge, P., Sabatini, F., Sandra, D., Sazhin, D., Shensa, A., Shrum, L. J., Shtudiner, Z., Sina, E., Sobolev, M., Somogyi, E., Song, L., Thai, H., Thurl, J., Tiggemann, M., Truzoli, R., VanderWeele, T. J., Veissiere, S., Vidal, C., Vranka, M., Watson, J.,

- Wegmann, E., Weigle, P., Whitted, W., Wilksch, S., Williams, M., Zhang, N., Zimmermann, L., Kross, E., Haidt, J., & Van Bavel, J. J. (2025). *A consensus statement on potential negative impacts of smartphone and social media use on adolescent mental health*. Seton Hall Law School Legal Studies Research, forthcoming. HEC Paris Research Paper No. MKG-2025-1567. <https://doi.org/10.2139/ssrn.5256747>
- Navarro, J. L.**, Brown, M., Jensen, T., Weinstein, M., & Jensen, M. (2024). It isn't just Mom: Gendered provision of family and home responsibilities among emerging adults during COVID-19. *Frontiers in Psychiatry*, *15*, 1330424. <https://doi.org/10.3389/fpsy.2024.1330424>
- Jensen, M., **Navarro, J. L.**, Chase, G. E., Wyman, K., & Lippold, M. A. (2024). Parenting styles in emerging adulthood. *Youth*, *4*(2), 509-524. <https://doi.org/10.3390/youth4020035>
- Chase, G. E., Brown, M. T., **Navarro, J. L.**, Lippold, M. A., & Jensen, M. (2024). Digital location tracking in the parent/caregiver–college student dyad. *Journal of Adolescence*. <https://doi.org/10.1002/jad.12300>
- Jensen, M., **Navarro, J. L.**, Brown, M., & Hussong, A. (2023). Dyadic parent-college student interaction styles. *Journal of Family Psychology*, *37*(6), 864-874. <https://psycnet.apa.org/doi/10.1037/fam0001117>
- Navarro, J. L.**, Fletcher, A., & Jensen, M. (2022). A bifactor model of US Parents' attitudes regarding mediation for the digital age. *Journal of Children and Media*. <https://doi.org/10.1080/17482798.2022.2123012>
- Navarro, J.**, Stephens, C., Rodrigues, B. C., Walker, I. A., Cooke, O., O'Toole, L., Hayes, N., & Tudge, J. R. H. (2022). Bored of the rings: Methodological and analytic approaches to operationalizing Bronfenbrenner's PPCT model in research practice. *Journal of Family Theory & Review*, *14*(2), 233-253. <https://doi.org/10.1111/jftr.12459>
- Navarro, J.** & Tudge, J. R. H. (2022). Technologizing Bronfenbrenner: Neo-ecological theory. *Current Psychology*. <https://doi.org/10.1007/s12144-022-02738-3>
- Tudge, J. R. H., **Navarro, J. L.**, Payir, A., Merçon-Vargas, E. A., Cao, H., Zhou, N., Liang, Y., & Mendonca, S. (2021). Using cultural-ecological theory to construct a mid-range theory for the development of gratitude as a virtue. *Journal of Family Theory and Review*. Advance online publication. <https://doi.org/10.1111/jftr.12432>
- Navarro, J.** (2021). Fortnite: A context for child development during COVID-19 (and beyond) (USA). *Journal of Children and Media*, *15*(1), 13-16. <https://doi.org/10.1080/17482798.2020.1858435>
- Tudge, J. R. H., **Navarro, J. L.**, Merçon-Vargas, E. A., & Payir, A. (2020). The promise and the practice of early childhood educare in the writings of Urie Bronfenbrenner. *Early Child Development and Care*, *191*(7-8), 1079-1088. <https://doi-org.libproxy.uncg.edu/10.1080/03004430.2020.1844193>
- Navarro, J.**, & Helms, H. (2020). After-hours remote work and family life: The impact of work-extending technology. *Work and Family Research Network Encyclopedia*.

<https://wfrn.org/encyclopedia/after-hours-remote-work-and-family-life-the-impact-of-work-extending-technology/>

**Navarro, J.,** & Tudge, J. R. H. (2020). What is gratitude? Ingratitude provides the answer. *Human Development, 64*, 83-96. <https://doi.org/10.1159/000511185>

Mendonca, S., **Navarro, J.,** & Tudge, J. (2019). Gratitude. In J. Ponzetti (Ed.), *Macmillan encyclopedia of intimate and family relationships: An interdisciplinary approach*. New York: Macmillan Reference USA.

Matthieu, M. M., Welch, B., Morrow-Howell, N., Proctor, E., Bruno, F. J., Nickel, M., **Navarro, J.** and Moon, A. (2010). Is veteran status and suicide risk assessed in community long-term care? A review of the states' assessment instruments. *Suicide and Life-Threatening Behavior, 40*, 125–132.

## **ADDITIONAL PROFESSIONAL WRITING**

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**Navarro, J.** (2025, November 11). Teaching as storytelling: How a neuroscience study changed my classroom smartphone policy. *Center for Engaged Learning, Elon University*. <https://www.centerforengagedlearning.org/teaching-as-storytelling-how-a-neuroscience-study-changed-my-classroom-smartphone-policy/>

**Navarro, J.** (2025). The theory we thought we knew: Rediscovering Bronfenbrenner with students. *Society for Research on Adolescence*. <https://srad.memberclicks.net/blogs>

Jensen, M. & **Navarro, J.** (2022). Supporting children, adolescents, and parents in the digital age. *InBalance Newsletter*. Society of Clinical Child and Adolescent Psychology, Division 53 of the American Psychological Association. <https://sccap53.org/publications/inbalance-newsletter/>

Bell, D., Dennison, S., Jovanovic, S., **Navarro, J.,** & Tudge, J. (2022). Faculty voices in budget-cut decisions. *Academe Blog*. National Association of University Professors. <https://academeblog.org/2022/01/26/ensuring-faculty-voices-in-budget-cut-decisions/>

**Navarro, J.** (2020). This is not the essay I intended to write. *UNCG Chapter of the Association of University Professors*. <https://uncgreensboroaaup.wordpress.com/back-to-school-essays/jess-navarro-ms-msw/>

Verlyck, R. & **Navarro, J.** (2021). Families and new technologies: Focus Group. *International Federation for Family Development*. <https://familyperspective.org/2021/04/27/focus-group-families-and-new-technologies/>

Thornlow, D., Latimer, D., **Kingsborough, J.,** & Arietti, L. (2006), *Caring for an aging America: A guide for nursing faculty*. Washington, DC: American Association of Colleges of Nursing.

## INVITED PRESENTATIONS AND SPEAKING ENGAGEMENTS

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**Navarro, J.** (2026, April). *Navigating Adolescent Development in Digital Ecologies: Addressing Needs for Social Connection, Emotion Regulation, and Autonomy*. Society for Research on Adolescence in Toronto, Canada. [Discussant]

**Navarro, J.** (2025, June). *Developmental Theory for the Digital Age: Neo-Ecological Theory*. Invited speaker at Karlstad University, Sweden.

**Navarro, J.** (2024, October). *Developmental Theory for the Digital Age: Neo-Ecological Theory*. Invited speaker for the Center for Life Span Development (CLSD) International Summer Course at Universitas Gadjah Mada, Indonesia.

**Navarro, J.** (2023, June). *(re)Engaging Students Through Technology*. Invited plenary panelist for the Teaching and Learning Conference at Elon University.

**Navarro, J.** (2023, March). *Parenting in the Digital Age*. Invited speaker at an online event for the United Nation's Council on the Security of Women.

**Navarro, J.** (2022, April). *Theory Thursday: Bronfenbrenner's bioecological theory*. Invited panelist at the National Council on Family Relations' quarterly webinar related to theoretical perspectives.

**Navarro, J.** (2021, September). *Families and technology: Findings from an international focus group*. Invited speaker at the International Federation for Family Development's (IFFD) 2021 International Advocacy Workshop. (<https://familyperspective.org/2021/09/05/iaw2021/>).

**Navarro, J.** (2021, May). *Families and technology: Findings from an international focus group*. Invited panelist at the United Nations International Day of Families on "Families and New Technologies." (<https://www.un.org/development/desa/family/international-day-of-families/2021-2.html>).

**Navarro, J.** (2021, April). *What is gratitude? Ingratitude provides the answer*. Presented at the UNCG HDFS colloquium meeting in recognition of Vera Kivett Outstanding Graduate Publication Award.

## PAPER PRESENTATIONS

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**Navarro, J. & Reyes, T.** (2026, February). *Developing Reflective Practice in Global Settings: The Integrative Processing Abroad Journal*. PACE Conference, Elon University, Elon, NC.

**Navarro, J.** (2025, November). *Understanding, teaching, and applying Bronfenbrenner's bioecological theory*. National Council on Family Relations Conference in Baltimore, MD. [Workshop]

**Navarro, J. & Tudge, J. R. H.** (2025, May). *Rethinking context as proximal processes: Teaching and applying Bronfenbrenner's bioecological theory*. Jean Piaget Society Conference in Belgrade, Serbia.

- Motley, P., Frigo, B., & **Navarro, J.** (2024, April). *Institutionalizing community-based learning: faculty and student preparation, development, and assessment*. Gulf South Summit in Auburn, AL.
- Lake, D., Loyd, K., Chan, A., & **Navarro, J.** (2024, February). Designing mutually beneficial short-term community-engaged learning: students as colleagues. NC Campus Engagement PACE Conference in Greensboro, NC.
- Allison, K., Burgess, E., Carara, D., Cushing, M., Donahower, A., Jaccobe, L., McCluney, T., Schiano, J., & **Navarro, J.** (2023, June). *They're the experts: Centering students' experiences in a project-based senior seminar*. Elon University Teaching and Learning Conference, Elon, NC.
- Navarro, J.** (2021, November). *Technologizing Bronfenbrenner: Neo-Ecological Theory*. Presented at the Council for Social Work Education Annual Program Meeting in Orlando, FL.
- Navarro, J.** (2020, November). *An adult third culture kid (ATCK) and Star Trek: A contextualist journey*. Presented as part of a symposium presentation at the National Council on Family Relations meeting, online.
- Navarro, J.** (2020, March). *Gratitude, gratitude(?), and religiosity: Are religious people more grateful?* Presented as part of a symposium presentation at the Society for Research on Adolescence, San Diego, CA. (Conference rescheduled)
- Navarro, J.,** Mendonça, S., Li, R., & Tudge, J. (2019, March). *The cultivation of gratitude in school in the United States*. Presented as part of a symposium, "Gratitude in youth and adults in the United States, Brazil, and Poland" (J. Tudge & L. Freitas, Chairs) at the biennial meetings of the Society for Research in Child Development, Baltimore, MD.
- Navarro, J.,** Mendonça, S. E., Leon, E., & Tudge, J. R. H. (2018, October). *More 'to' and less 'for': A school-based curriculum designed to increase the feeling and expression of gratitude as a character trait in children*. Presented as part of a symposium presentation at the Association for Moral Education. Barcelona, Spain.

## POSTER PRESENTATIONS

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- Jensen, M., **Navarro, J.,** Chase, G., & Dollar, J. (2026, April). *Likes, Limits, and Literacy: Understanding Parents' Digital Mediation Attitudes*. Poster presented at the Society for Research on Adolescence in Toronto, Canada.
- Chase, G., **Navarro, J.,** Dollar, J., & Jensen, M. (2026, April). *Intersections between Online and Offline Parenting*. Poster presented at the Society for Research on Adolescence in Toronto, Canada.
- Navarro, J.** (2023, September). *Parenting in the Digital Age: Development of a Measure to Assess Parental Mediation Strategies*. Poster presented the International Congress on Children and Screens, Washington, DC.
- Navarro, J.** (2020, November). *Parenting in the Digital Age: Development of a Measure to Assess Parental Mediation Strategies*. Poster presented online at the National Council on Family Relations meeting.

**Navarro, J.,** Mendonça, S., Conlin, D., & Tudge, J. (2020, March). *Encouraging middle-school students' virtuous gratitude: Two studies involving no-treatment and positive-treatment controls*. Poster presented at the Society for Research on Adolescence, San Diego, CA. (Conference rescheduled)

Mendonça, S., Navarro, K., **Navarro, J.,** & Tudge, J. (2019, November). *A Culture of Character? Virtuous Gratitude in a Montessori Setting*. Poster presented at the Association of Moral Education annual meeting, Seattle, WA.

**Navarro, J.,** Mendonça, S., & Tudge, J. (2019, November). *Divine Thanks? An Examination of Religiosity, Virtuous Gratitude and Moral Obligation*. Poster presented at the Association of Moral Education annual meeting, Seattle, WA. \*Honorable mention award

**Navarro, J. L.** & Morris, H. (2018, October). *Defining gratitude: A theoretical and methodological review of research with children and adolescents*. Poster presentation at SRCD Character Development Special Topic Meeting, Philadelphia, PA.

**Navarro, J.,** Mendonça, S., Leon, E., Li, R., Li, M., Towns, J., Morris, H., & Tudge, J. (2018, October). *Cultivation of the virtue of gratitude in school: Piloting an intervention*. Poster presentation at SRCD Character Development Special Topic Meeting, Philadelphia, PA.

## STUDENT PRESENTATIONS

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Kogan, O. (Mentor: **J. Navarro**; 2024). *Creating an Inclusive Cabin: Experiences of Jewish Camp Counselors in Supporting DEI Efforts and Camper Wellbeing*. Poster presented at the Elon University Spring Undergraduate Research Forum, Elon, NC.

Mullenix, R. (Mentor: **J. Navarro**; 2024). *Sociocultural Influences on Digital Parental Mediation Attitudes*. Poster presented at the Elon University Spring Undergraduate Research Forum, Elon, NC.

Mullenix, R. (Mentor: **J. Navarro**; 2024). *Sociocultural Influences on Digital Parental Mediation Attitudes*. Poster presented at the National Conference on Undergraduate Research, San Diego, CA.

## MENTORSHIP

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**Research Mentor, Elon University** 2022-Present  
Met regularly with students to provide research mentoring and support, facilitating collaboration on individual and group projects.

- Almarie Williams ('28, Elon College Fellow); Fall 2025-Present
- Rio Plumlee ('28, Honors Fellow, Lumen Finalist); Fall 2025-Present
- Abby Naylor ('28, Odyssey Scholar, Honors Fellow); Fall 2025-Present
- Darian Myers ('26, Odyssey Scholar); Spring 2025-Present
- Zoe Eusemann ('25); Spring 2024
- Mackenzie Perry ('26); Spring 2024
  - Co-mentor for Lumen Prize Application (not awarded)
- Rachel Mullenix ('24, Honors Fellow); Fall 2022-Spring 2024
  - Thesis title: *Sociocultural Influences on Digital Parental Mediation Attitudes*.
- Olivia Kogan ('24, Elon College Fellow); Fall 2022-Spring 2024

- Thesis title: *Creating an Inclusive Cabin: Experiences of Jewish Camp Counselors in Supporting DEI Efforts and Camper Wellbeing.*

**Teaching and Learning Mentor, Elon University** 2025-Present

Worked closely with teaching assistants to support student learning, coordinate course activities, and enhance the overall classroom experience.

- Benjamin Krasnow ('27); *Research Methods in Human Service Studies*, Spring 2026
- Julia Bromfeld ('26); *Research Methods in Human Service Studies*, Spring 2025

**UNIVERSITY SERVICE**

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**Research Methods Community of Practice Co-Facilitator, Elon University** Fall 2025-Present

Co-developed the concept for a Research Methods Community of Practice, researched effective models, and laying the groundwork for launch in 2026.

**Data Nexus Associate Director Search Committee Member, Elon University** Fall 2025

Reviewed applications, assisted with interviews of top candidates, and provided recommendations to the search committee chair.

**Community-Based Learning Faculty Advisory Committee, Elon University** Fall 2025-Present

Attend committee meetings, review community partnership initiative grant proposals, contribute to program planning.

**Data Nexus Faculty Advisory Committee, Elon University** Fall 2024-Present

Attend committee meetings and contribute to ongoing planning and initiatives. Serve on the Internal Consulting Center Sub-Committee, contributing to campus needs assessment, proposal development, and data collection for pilot project. Developed a workshop focused on citation and style diversity. Review data-intensive course proposals.

**Honors Advisory Committee, Elon University** Fall 2023-Present

Attend committee meetings, student presentations, and honors recruitment events. Review honors course proposals and provide feedback on curriculum development. Evaluate honors thesis proposals each semester. Interview and review applicants to the Honors program and for the Kenan award.

**Neurodiversity Teaching Institute, CATL, Elon University** June 2025

Participated in institute sessions focused on inclusive and neurodiversity-affirming teaching practices. Developed new strategies for understanding and implementing accommodations for neurodiverse students. Contributed to discussions on strategies for supporting diverse learners across disciplines.

**Global Pedagogy Workshop, GEC, Elon University** August 2024

Engaged in faculty development focused on global learning and intercultural pedagogy. Applied workshop concepts to enhance a Costa Rica study abroad course, utilizing *Beyond Guilt Trips: Mindful Travel in an Unequal World* by Dr. Anu Taranath to deepen intercultural reflection and responsible engagement.

**Summer Writing Residency, *Elon University*** June 2024  
 Worked on developing book chapters for *Understanding and Teaching Bronfenbrenner’s Bioecological Theory*, published July 2025. Engaged in collaborative writing and peer feedback to refine conceptual clarity and develop accessible and consistent writing style.

**Advancing Equity Summer Institute, *Elon University*** June 2023  
 Participated in institute sessions focused on equity, diversity, and inclusive teaching pedagogy. Applied concepts from the institute to redesign *Research Methods in Human Service Studies (HSS 2850)* as an Advanced Experiential Learning (AER) designated course.

**Summer Writing Residency, *Elon University*** June 2023  
 Developed a book proposal for *Understanding and Teaching Bronfenbrenner’s Bioecological Theory* to submit to academic publishers. Provided and received peer feedback to strengthen conceptual framing and scholarly writing across projects.

**Social Science Curriculum Committee, *Elon University*** Fall 2022  
 Served on the Social Science Curriculum Committee to replace a colleague on sabbatical; gained insight into *Elon’s* curriculum process and the use of the Watermark system for course and program proposals.

**DEPARTMENTAL SERVICE**

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**Assistant Teaching Professor Search Committee, *Elon University*** Fall 2025  
 Served on the search committee for an Assistant Professor position; reviewed applications through PageUp and participated in candidate evaluation and selection.

**Senior Portfolio Development, *Elon University*** Spring 2025-Present  
 Serving as lead developer for a senior assessment system centered on online portfolios to showcase student learning, reflection, and professional growth. Designed the prototype, curricular materials, database, and data collection system. Pilot launching in Fall 2025, with full implementation planned for the Class of 2029.

**Human Service Studies External Review, *Elon University*** Fall 2024  
 Contributed to the writing of the departmental external review document, including sections on community-based learning, research, and technology integration.

**Accelerated Human Service Studies Block in Charlotte, *Elon University*** Fall 2024-Present  
 Collaborated with colleague Vanessa Drew-Branch to develop the Accelerated HSS Block in Charlotte and co-authored the program proposal. Supported the development of the application process and marketing materials for this study-away initiative.

**1000-Level Course Subcommittee Member, *Elon University*** Fall 2024-Present  
 Contributed to the development of two new 1000-level elective HSS courses: *Modern Love* (a friendship and relationships-focused course for first-year students) and *Bioethics and Social Justice*. Both approved through the curriculum process; *Modern Love* scheduled for first offering in Spring 2026.

**Course Development and Revision, Elon University**

Fall 2022-Present

HSS1210: Modern Love	Developed <i>HSS1210: Modern Love</i> as a first-year course based upon feedback from students in HSS3260 who expressed that they wished they had learned content related to dating and relationships earlier in their time at Elon. In addition to content related to intimate relationships, I designed the course to also focus on how to develop and maintain platonic relationships, a key skill for first year students at this important transition in their lives.
HSS3240: Issues and Perspectives in Aging	Redeveloped <i>HSS 3240: Perspectives and Issues in Aging</i> as a Community-Based Learning (CBL) course, successfully implemented in Spring 2025 with strong student feedback. Submitted course revision to reclassify as a 2000-level course titled <i>Forever Young: Perspectives on Gerontological Practice</i> . Secured two Community Partnership Initiative (CPI) grants from the Kernodle Center to fund development of activity kits for community-based learning sites and to support eight guest speakers throughout the semester.
HSS3260: Dating and Intimate Relationships	Redesigned <i>HSS 3260</i> from <i>Life in Marriage</i> to <i>Dating and Intimate Relationships</i> , modernizing the curriculum to emphasize relationship diversity and inclusion. Taught in Spring 2024 and Spring 2025 with consistently high student ratings.
HSS3981: Practicum Abroad in Costa Rica	Redeveloped <i>HSS 3981: Practicum Abroad in Costa Rica</i> , shifting from an urban setting in San José to a rural site in Ortega, Guanacaste, and establishing new community partnerships and service placements. Secured Community-Based Learning designation.
HSS2850: Research Methods in HSS	Revised <i>HSS 2850: Research Methods in Human Services</i> to achieve Advancing Equity (AER) and Data-Intensive designations, aligning with university-level learning outcomes.
COR1100: The Global Experience	Developed <i>COR 1100</i> section taught in Fall 2024 and Fall 2025, structured around Bronfenbrenner’s bioecological theory and John Green’s <i>The Anthropocene Reviewed</i> to guide students in connecting personal development with interdisciplinary critical thinking.

**HONORS, AWARDS, AND FELLOWSHIPS**

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Faculty Research & Development Summer Fellowship	Summer 2024
Civic and Voter Engagement Fellowship Award, Project Pericles	September 2023
Building Bridges Campus Cohort Fellow, Center for Greater Good	2023-2024
Community-Based Learning Research Scholar, Elon University	2023-2024

Advancing Equity Scholar, Elon University	2023-Present
Service-Learning Scholar, Elon University	2022-2023
Outstanding PhD Graduate in HDFS, University of North Carolina Greensboro	May 2022
E. York Kiker Scholarship, University of North Carolina Greensboro	August 2021
Vera Kivett Outstanding Graduate Publication Award What is gratitude? Ingratitude holds the answer, <i>Human Development</i> , 2020	December 2020
Edith Segner Scholarship, University of North Carolina Greensboro	August 2020
Outstanding HDFS Graduate (Masters), University of North Carolina Greensboro	May 2020
First Place Winner, “Webinars Worth Watching,” UNCG Webinar Title: <i>Divine Thanks? An Examination of Religiosity and Gratitude</i>	January 2020
Honorable mention, Poster Presentation, Association for Moral Education	November 2019
Student travel award, Association for Moral Education	November 2019
Excellence Fellowship, University of North Carolina Greensboro	2017-2018
John A. Hartford GENIUS Scholar	2006-2008

## GRANTS AND FUNDING

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Center for Writing Excellence Summer Grant—Navarro, J. (2025). *Funding for development of Integrative Processing Abroad reflective journaling practices*--\$3,000.

Community Partnership Initiative Grant—Navarro, J. & Reyes, T. (2025). *Funding for youth development activities and materials in Costa Rica for Winter 2026 course*--\$650.

Data Nexus workshop development grant—Navarro, J. (2025). *Funding for development of workshop related to citation and style justice*--\$1,000.

Community Partnership Initiative Grant—Navarro, J. (2024). *Honoraria for community speakers in community-based learning gerontology course*--\$320.

CATL Teach and Learning Grant—Navarro, J. & Reyes, T. (2024). *Creating community-based learning activity kits*. Funded by the Elon University Center for Advanced Teaching and Learning—\$1000.

Community-Based Learning Course Development Award—Navarro, J. (2024). *Development of HSS3240: Perspectives and Issues in Aging as CBL course, Spring 2025*. Funded by the Elon Kernodle Center—\$1000.

Winter Term Curriculum Enhancement Grant—Navarro, J. (2024). *Funds for off-campus excursion to the Civil Rights Museum in Greensboro, NC*. Funded by the Elon University Center for Advanced Teaching and Learning—\$400.

Winter Term Curriculum Enhancement Grant—Navarro, J. (2023). *Funds for off-campus excursion to the Civil Rights Museum in Greensboro, NC*. Funded by the Elon University Center for Advanced Teaching and Learning—\$400.

Independent Summer Research Grant— Navarro, J. (2020). Manuscript preparation: *Development of a measure of digital parental mediation*. Funded by the UNCG Graduate School, Award – \$1,500

NSF Innovation Corps Grant – Navarro, J. (2019). *More Than Thanks: Development of a Children’s Book to Encourage Virtuous Gratitude*. Funded by the NSF and the University of North Carolina Greensboro, Award - \$3,000

Independent Summer Research Grant— Navarro, J. (2019). Preparing for master’ thesis: *Divine thanks? An examination of religiosity, moral obligation, and virtuous gratitude*. Funded by the Graduate School, Award – \$1,500

Not funded:

Fund for Excellence at Elon University – Navarro, J., Lake, D., & Folmar, J. (2023) Elevating Empathic Relationships at Elon. Requested - \$5,000

Center for Advanced Teaching and Learning at Elon University - Navarro, J., Lake, D., & Folmar, J. (2023) Elevating Empathic Relationships at Elon. Requested - \$4,575

Research and Instruction in STEM Education (RISE) Network – Navarro, J. (2020). *Parenting in the Digital Age: Development of a Measure to Assess Parental Mediation Strategies*. Requested - \$2,400

**RESEARCH EXPERIENCE**

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*Graduate Student Researcher*, University of North Carolina at Greensboro 2021 - 2022  
 Dataset: *National Survey of Child and Adolescent Well-Being II*  
 Human Development and Family Studies  
 Advisor: Dr. Kierra Sattler

*Graduate Student Researcher*, University of North Carolina at Greensboro 2020 - 2022  
 Interactions and Relations Lab (IRL)  
 Psychology  
 Advisor: Dr. Michaeline Jensen

*Graduate Student Researcher*, University of North Carolina at Greensboro 2017 - 2022  
 Development of Gratitude, Materialism, and Sustainability (DOGMAS) research group  
 Human Development and Family Studies  
 Advisor: Dr. Jonathan Tudge

*Graduate Student Researcher*, Washington University in St. Louis 2006 – 2008

Center for Mental Health Services Research  
 Brown School of Social Work  
 Advisors: Dr. Nancy Morrow-Howell and Dr. Enola Proctor

**EXTERNAL SERVICE & PROFESSIONAL ACTIVITIES**

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Reviewer, <i>Developmental Psychology</i>	2026-Present
Building Bridges, <i>Center for Greater Good</i>	2023-2024
Faculty advisor, <i>Project Pericles, Voting Rights Project</i>	2024
Thesis examiner, <i>Southern Cross University, Australia</i>	2024
Reviewer, <i>Current Psychology</i>	2024-Present
Reviewer, <i>Human Development</i>	2023-Present
Reviewer, <i>Intl Journal for Research on Service-Learning and Community Engagement</i>	2023-Present
Reviewer, <i>Journal of Children and Media</i>	2023-Present
Advisory Board Member & Reviewer, <i>Journal Family Theory and Review</i>	2023-Present
Reviewer, <i>Journal of Adolescent Health</i>	2023-Present
Reviewer, <i>Journal of Child and Family Studies</i>	2022-Present
Focus group participant, <i>International Federation for Family Development (IFFD)</i>	January 2021
Reviewer, <i>Marriage and Family Review</i>	2021-Present
Scholarship reviewer, <i>Association for Psychological Science</i>	2020-Present

**PROFESSIONAL AFFILIATIONS**

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*Journal of Family Theory and Review*, Advisory Board Member  
*Society for Research on Child Development*, Member  
*National Council on Family Relations*, Member  
*Society for Research on Adolescence*, Member  
*Association for Psychological Science*, Member  
*Council on Social Work Education*, Member  
*Society for Social Work Research*, Member

**ADDITIONAL METHODOLOGICAL TRAINING**

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Survival Analysis, <i>National Council on Family Relations</i>	September 2021
Structural Equation Modelling, <i>Curran-Bauer Analytics</i>	May 2021
Mixture Modelling and Latent Class Analysis, <i>Curran-Bauer Analytics</i>	December 2020
Online Course Development and Learning, <i>University of North Carolina Greensboro</i>	July 2020